Resource List

Child development and supporting your child’s learning

Zero To Three

<https://www.zerotothree.org/resources/for-families/>

Resources support parents in developing their own ways to promote their children’s growth and development.

NAEYC

<https://www.naeyc.org/our-work/for-families>

Family resources from the National Association for the Education of Young Children

Early Learning and Development Guidelines

<https://earlylearningco.org/parents-caregivers/>

Information for parents/caregivers about early learning and child development

CDC Ages and Stages

<https://www.cdc.gov/ncbddd/actearly/milestones/index.html>

Information on developmental milestones for children ages birth-age 5

Colorado Department of Early Education

<https://cdec.colorado.gov/>

Information on child care assistance, Universal Preschool, Early Learning, Family Support

Universal Preschool

<https://cdec.colorado.gov/universal-preschool-family-information>

Information for families about Universal Preschool (UPK)

Health and Safety

Safe Sleep

<https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/a-parents-guide-to-safe-sleep.aspx>

Information for parents and caregivers on safe sleep for infants

My Plate

<https://www.myplate.gov/>

Information on healthy eating and nutrition

Dental Aid (low cost dental services/accepts medicaid)

<https://dentalaid.org/locations/>

(303) 665-8228

Boulder County Public Health - Family Health Division

<https://bouldercounty.gov/families/pregnancy/families-health-division/>

A variety of local health resources

Breastfeeding resources in Boulder County

<https://bouldercounty.gov/families/pregnancy/breastfeeding/>

Services and Family Support

CO PEAK

[https://peak.my.site.com/peak/s/peak-landing-page?language=en\_US\](https://peak.my.site.com/peak/s/peak-landing-page?language=en_US%5C)

Sign up for food assistance, medicaid/CHP+, CCAP, cash assistance, energy assistance, and other services

EFAA (Emergency Family Assistance Association)

<https://www.efaa.org/>

Food bank, financial assistance, housing assistance

SPAN (Safehouse Progressive Alliance for Non-Violence)

<https://www.safehousealliance.org/>

Support for those experiencing domestic violence, 24 hour crisis line, Shelter, legal advocacy